# 2024

# RINKRAT 19 HOCKEY SCHOOL

Warroad, MN - Hockeytown, USA



Come early, stay late, skate everyday.

Gigi Marvin
3 time Olympian
2018 (Gold)
2010, 2014 (Silver)

## **CAMP DESCRIPTIONS**

## **HOCKEY SCHOOL**

A hockey camp emphasizing individual skill development in a creative and enjoyable environment. This camp is for boys and girls ages 3-18 with four daily components of camp:

#### **ICE**

Skating drills that are centered around balance and edges, individual skill work, and competitive small area games.

### **DRYLAND**

Shooting, stickhandling, and full body workouts focused on strength and speed (explosive single leg work, core, and agility).

#### **OFF-ICE GAME**

Playing games such as kickball, whiffleball, soccer, etc to increase athleticism while providing a rest to skating muscles.

### **MENTAL SKILLS TRAINING**

Leadership development, team building, and a Q&A with Gigi and the coaches.



## **COST**

Ages 3-7 Skater \$330, Goalie \$165 Ages 8-18 Skater \$530, Goalie \$265



## **COST**

Ages 8-14 Skater \$620, Goalie \$310

## **FAITH AND HOCKEY SCHOOL**

This camp is designed for kids to know and experience the love of Jesus Christ through the great game of hockey. Campers ages 8-14 will learn how to honor the Lord with their ability, work ethic, and relationships with one another. Campers will experience how to live out their faith daily while also receiving Olympic level hockey coaching. Camp consists of ice, dryland, off-ice game, and these additional components:

## **TEACHING**

Learning biblical lessons about how to live out our faith in Jesus through hockey. Topics such as identity in Christ, the power of prayer, how to encourage others, and the importance of putting on the armor of God.

## CHAPEL

A time of worship, Christ-centered teaching, prayer, and breaking into smaller, age based discipleship groups to discuss and apply the teaching to our lives.



# COST Ages 6-14 Per Player \$90

## **3 v 3 TOURNAMENT**

Elevate your skill development and creativity by playing in an exciting and competitive 3 v 3 tournament. Players ages 6-14 will have the chance to compete against other skilled players in a variety of cross-ice games over an unforgettable weekend of fast-paced games and fun.

### **TOURNAMENT INFORMATION**

- 3 day tournament
- 4 hours of ice
- Players will be placed on 1 of 4 teams with a max of 10 players (9 skaters, 1 goalie)
- Gold and bronze medal games held on Day 3

## **ABOUT RINKRAT19 HOCKEY**

We believe that the purest hockey experience is RinkRat hockey. Our memories include:

- Remembering the rink on a Wednesday night filled with hockey players (girls, boys, young, old) mastering their moves.
- School being cancelled due to a snow storm and kids naturally ending up at the rink for a day of hockey no coaches, drills, or rules.
- 7 hour Saturdays: never-ending games of pom-pom, ball hockey, cops and robbers, sticks-in-the-middle, and shootouts. Only coming off the ice to eat and use the bathroom's hand dryers to warm our skates and gloves.

## ADDITIONAL INFORMATION

- Gigi Marvin is head instructor
- Held in Warroad Olympic Arena
- RR19HS jersey and gift bag for each player

## **CONTACT US**

**Website:** www.rinkrat19.com **Email:** rinkrat19hs@gmail.com

# **REGISTRATION FORM**

CAMPER II	NFORMATION	
Name:		
Birthdate:		
Full Address:		
Parent Name:		Phone Number:
Email Address:		
Jersey Size:	YS YM	YL AS AM AL AXL
CAMP SEL	ECTION	
June 30-July 3	Faith and Hockey School	Ages 8-14
July 7-11	Hockey School	Ages 3-7 Ages 8-12 High School
July 14-18	Hockey School	Ages 3-7 Ages 8-12
July 21-25	Hockey School	Ages 8-10 Ages 11-14
Aug 2-4	3 v 3 Tournament	Ages 6-9 Ages 10-14
MEDICAL	INFORMATION	
Insurance Compa	any:	
Group Number:		
Emergency Cont	act Name:	
Emergency Cont	act Number:	
WAIVERS		
injuries that occur	at camp. I authorize camp s	LLC, instructors and players from any liability for any type of taff to use their best judgment in an emergency requiring medical ically fit to participate in this camp.
Signature		Date
		ake photos/videos of my child during camp. I understand that the and marketing activities for future camps.
Signature		Date